

# Applied BioSciences

Excellence in Veterinary Endocrinology  
3837 Millican Creek Trail, College Station, Texas 77845  
(979) 220-9823 Lab (979) 229-6681 Office  
[appliedbiosciencetx@gmail.com](mailto:appliedbiosciencetx@gmail.com)

## Shipping Requirements for Submitting Specimens

Regulations pertaining to shipping of biological samples change on a regular basis. The following guidelines will assist you in meeting the requirements, and we will update this information as changes to the regulations occur. The submitter is responsible for compliance with the shipping regulations.

### What types of samples are included in the regulations?

A patient specimen is defined as “human or animal material including—but not limited to—excreta, secretions, blood and its components, tissue and tissue fluids, and body parts being transported for purposes such as research, diagnosis, investigational activities, and disease treatment or prevention.”

This definition is quite broad and includes almost all specimens normally submitted to a laboratory. All specimens that fall within the definition of a patient specimen are subject to special shipping requirements. There are a few specimen types that are exempted from these rules—feed, water, and soil samples are exempt and may be shipped in leak-proof containers using normal procedures.

### SHIPPING REQUIREMENTS

The shipping requirements are based on the contents being shipped:

1. For patient specimens for which there is **minimal likelihood that pathogens are present**, e.g. nutrition samples, endocrinology samples, serology, etc., the material must be shipped in a box that is marked with the words “**Exempt Animal Specimens**” and packaged as follows:

#### The packaging must consist of 3 components:

- A leak-proof primary receptacle(s), e.g. vacutainer, serum tube, etc. (Note: A whirlpack bag is not leakproof.)
- A leak-proof secondary package. For liquid samples, the secondary packaging must contain absorbent material in sufficient quantity to absorb the contents should the primary receptacles be damaged in transport. When multiple fragile (e.g. glass) primary receptacles are included in one secondary package, the primary receptacles should be wrapped or separated to prevent contact between them.
- An outside package (box) of adequate strength for its capacity and intended use.

#### Inner packaging must:

- Have a watertight (leak-proof) primary container, e.g., vacutainer tube, urine cup, serum tube, etc.

Have a watertight secondary package containing the primary sample container and appropriate absorbent materials. The absorbent material must be sufficient in quantity to absorb the liquid in the primary container. If the secondary container (e.g., an approved biohazard bag) contains multiple primary containers, such as several blood tubes, the primary containers must be wrapped or separated to prevent contact between them.

- Be certified to withstand—without leakage—an internal pressure of 95kPa at a temperature range of -40°F to 130°F. Special biohazard bags, vacutainer tubes, urine cups, etc. are available that meet these requirements. **All packaging available for purchase through MSU VDL meets or exceeds these standards.**

**Outer Packaging must:**

- Contain an itemized list of the package contents in the box—a fully completed submittal form will meet this requirement.
- Have at least one side with minimum dimensions of 4 inches x 4 inches.
- Be certified to pass a drop test at 4 feet.

These regulations change frequently. While we will keep the shipping section of our website and our packaging materials consistent with current regulations, the shipper is responsible for meeting these requirements.

## **Dry Ice**

### **What if I need to use dry ice for submission?**

If the submitted specimens are shipped with dry ice, the dry ice must be placed outside the secondary container. The outside of the box must be labeled “Dry Ice,” “UN1845.” The net quantity of dry ice (in Kg.) must also be included on the label.

NOTE: These dry-ice requirements are in addition to the labeling and packaging requirements for patient specimens.